

***Middle School Football Cheer Try-outs***

***Clinic Dates****: August 21st and August 22nd 6PM – 8PM at the track*

***Tryout****s: August 23rd 6PM – 8PM at the track*

***What you need to tryout****:*

* ***A physical*** *– You will need a NEW physical before the clinic on August 21st. Practices begin August 28th .*
* ***Try Out Ticket*** *– Due before clinic on August 21st*

***Try-out requirements***

1. Chants taught at clinic
2. Motion Drill taught at clinic
3. Right Side Hurdler
4. Toe Touch
5. Cart Wheel – to count
6. Heal Stretch – to count
7. School Song

***Questions? Contact:*** *Madison Vold, Middle School Cheer Coach*

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