



Dear Parents/Guardians:

We are pleased to share that we have a free and confidential web service available for families called [ParentGuidance.org](https://www.parentguidance.org) sponsored by the Whitehall High School Hope Squad and The Cook Center for Human Connection. ParentGuidance.org is a free service developed by licensed therapists providing trusted and specialized courses, professional support, and a safe community for parents to learn how to support their children and get answers to mental health questions.

Sue Erndteman, SSW

Whitehall High School Hope Squad Advisor



COOK CENTER FOR
HUMAN CONNECTION